

# GRADUATE STUDENTS AND EARLY CAREER PSYCHOLOGISTS

NOVEMBER 25TH, 2011

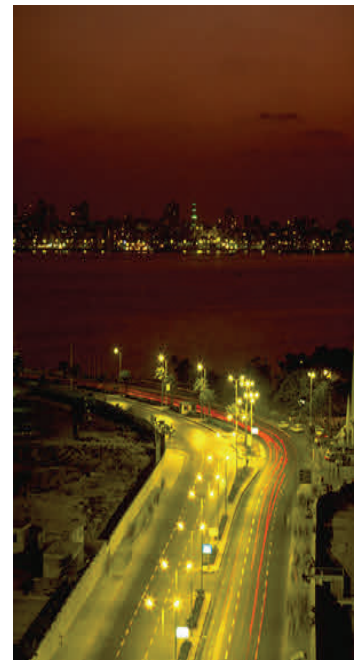
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## PRESIDENTIAL ADDRESS

Greetings Section 10 members! Each year at this time, we reflect on the progress we have made and those goals we still intend to pursue. As the outgoing Section 10 President, the same process occurs in examining the group's successes and remaining goals, several of which are described in greater detail in this newsletter. From a programming perspective, we found that our members are very interested in career development sessions at the annual Convention, and we plan to continue this service in the future. From

a technical perspective, we have made great strides in providing a web presence to increase transparency within the group. Financially, the group is now able to allocate a portion of membership payments to our own goals. It's been a great year, but there is much more to do. We are always looking for new ideas, and more importantly, interested students and early career psychologists to help implement them. Please email us if you are interested in playing a role in this process.



## SPECIAL POINTS OF INTEREST:

- What's new with the website? Read up on it here →
- Major changes to our funding means exciting new opportunities. Learn how you can help. (pg 2)
- Missed the last APA Convention? Read the article on one of our programming highlights. (pg 3)

## TECHNOLOGY UPDATE

On our website ([www.div12sec10.org](http://www.div12sec10.org)), there are a couple new items which members are invited to peruse. Namely, we have uploaded the newly revised Section 10 By-laws and the meeting minutes from our last two Section 10 Board Meetings. Both are available for download as .pdf files under the 'News' tab.

Under the 'Research' tab, we have space reserved to showcase recent publications of Section 10 members. Feel free to email us at [div12sec10@gmail.com](mailto:div12sec10@gmail.com) with citations from your articles in press or published within the past two years. Be sure to let us know when your in press publications become published.

We also invite you to join our Facebook group if you haven't already ("APA Division 12 Section 10"). Upload photos of the APA convention, participate in our discussion board, and connect with other members.

If you have any ideas to help improve our web presence, please feel free to share.

## LISTSERV SUCCESS STORY

If you are subscribed to our listserv, you have received messages detailing various sorts of information, such as job postings, conference events, and the latest edition of the Section 10 newsletter. You have also been asked to participate in a research study. Natalie Sheridan, M.A., is one of our members whom requested permission to recruit participants for her dissertation through our listserv. Thanks to everyone who agreed to participate in her survey, Natalie was able to finish her dissertation research on the relationship between new parenthood and the practice of psycho-

therapy; below is a summary of her results.

*Psychotherapists (34 women, 9 men) were surveyed about the (1) disruptive effects and enriching effects of parenthood on clinical work identified in the literature and (2) the influence of contextual factors: experienced support and career centrality. Analyses revealed that female and male psychotherapists are generally similar in regards to the kinds of changes they experience in their clinical work after becoming a parent; however differences were noted in regards to empathy, the importance of the professional*

*role, and limits placed on clinical work. Contextual factors also influenced the impact of new parenthood on clinical work. Both men and women who place a greater value on their career relative to family tend to report more continuity in their clinical work during the transition to parenthood. Spousal support appears to have a protective effect for female psychotherapists, with greater spousal support being linked to decreased negative effects.*

If you would like to utilize our Section's listserv to help accomplish your academic goals, please email us at [div12sec10@gmail.com](mailto:div12sec10@gmail.com).



**"Thanks to everyone who agreed to participate in her survey, Natalie was able to finish her dissertation..."**

## TREASURY UPDATE

You may have noticed that the annual dues have decreased from \$30 to \$25. Additionally, as of September 1st, 2011, Section 10 began to receive a portion of the dues paid to Division 12 by: for each \$25 annual payment, Division 12 receives \$15 and Section 10 receives

\$10. This will not increase the total cost to you, but it will result in our section having a sizeable budget with which to promote our mission. Over the next few months, as we aggrandize our account, we will be deciding on the best way to spend our newly acquired funds.

We would like to include you in the discussion. If you have any ideas for allocation of funds that would be in the best interests of our section, please email us at [div12sec10@gmail.com](mailto:div12sec10@gmail.com).

Refer to our Mission Statement on the last page of this document for financial ideas



We now receive \$10 of every \$25 paid

## ACADEMIC CAREER PATHS IN CLINICAL PSYCHOLOGY

One highlight of our Section 10 programming at the APA Convention this past August was the stimulating presentation moderated by our Former Past-President, Dr. George Slavich. The presentation was comprised of three panels covering different academic career paths in clinical psychology, where the panelists, all esteemed professors in their respective fields, highlighted the pros and cons of their particular career paths.

Professor Lara Ray started the event and spoke eloquently on doctoral research universities, stemming from her well-rounded experience at University of California, Los Angeles. Professor Erin Sheets of Colby College followed with an enlightening portrayal of life at a small liberal arts college. Finally, Professor Jennifer Primack

elucidated the fast-paced, research endeavors of the medical school environment.

All three speakers expertly navigated various topics, such as clinical, research, and teaching obligations and expectations; average salaries and where that money comes from (i.e., university or outside grants); quality of life concerns (i.e., flexibility of schedule, degree of stress, freedom of intellectual pursuits); as well as domains particular to their specific career paths (i.e., variety of clinical populations, ability to collaborate with other professors, opportunity for advancement).

After the three presentations, there was a question and answer period fielded by the three panelists, with moderation and commentary provided by Dr. Slavich. There were

many informed and thoughtful questions spawned from the purposeful program, and, due to time constraints, interested parties were invited to speak with the professors individually after the event.

The format of the program, organization of the talks, and succinct, honest delivery of the information provided the audience with a clear depiction of each academic career path. There was no debate regarding which path was inherently better or worse; merely forthcoming discussion about the strengths and weaknesses of each. Regardless of what career stage the audience member happened to be in, whether a decision was imminent, years ahead, or years behind, participants departed from this special Section 10 programming event more informed about academic career paths than when they arrived.

**“All three speakers expertly navigated various topics... particular to their specific career paths”**

## MENTORSHIP PROGRAM

We have a newly revised Mentorship Application Form available for download on our website on the ‘Mentorship’ tab. Don’t miss out on the rewarding experience to receive personalized career advice from top professionals in your field. Apply today!



**We are on the web!**  
**div12sec10.org**

## APA CONVENTION 2012

It's never too early to start planning for the upcoming 120th Annual Convention of the American Psychological Association. This year it will take place at the Orange County Convention Center in Orlando, Florida from August 2nd–5th, 2012.

For those of you that will be submitting proposals to present, the deadline is December 1st, 2011. Keep in mind that we will once again be honoring distinguished research from Section 10 members. Eligibility and awards will be an-

nounced soon through our listserv.

Save the dates 8/2/11–8/5/11! We hope that you can make it this year. Stay tuned for information on our planned programming and events.



The next APA convention will be in Orlando, Florida

## SECTION 10 OFFICERS

President: Kate Humphreys, M.A., Ed.M.

President-Elect: Chris Conway, M.A.

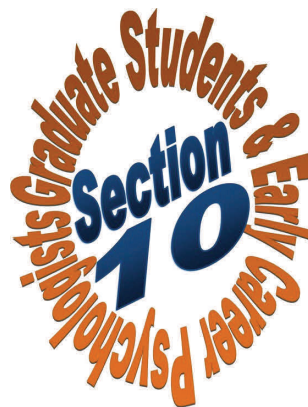
Past President: Arianna Aldridge, M.S.

Representative: Brian J. Hall, M.A.

Secretary: Yuliana Gallegos, M.A.

Treasurer: Victoria Cosgrove, Ph.D.

Communications: Jonathan D. Savant, B.S.



## MISSION STATEMENT

The purpose of this Section is to help evaluate, organize and institute initiatives to increase the number of graduate students and early career psychologists who transition to full member status, as well as the number of early career psychologists joining the Division for the first time. The Section aims to collaborate in the development and implementation of the recruitment and retention initiatives of the membership Committee. The Section shall support the development of new mechanisms and the enhancement of existing mechanisms to increase participation of graduate students and early career psychologists in the Division. It shall promote greater awareness of the benefits of Division 12 membership for graduate students and early career psychologists and work to expand those benefits.

It shall represent the interests and concerns of graduate students and early career psychologists throughout the Division. It shall provide a forum for announcements and to promote communication among graduate students and early career psychologists in clinical psychology. The Section will address the unique needs of graduate student and early career psychologists members entering the profession and facing early career challenges in clinical psychology.